FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number: 3235-02									
Estimated average burden									
hours por rosponso:	0.5								

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Dawson John					2. Issuer Name and Ticker or Trading Symbol El Pollo Loco Holdings, Inc. [LOCO]					(Ch	eck all applic	able)	son(s) to Issuer 10% Owner Other (specify			
(Last) (First) (Middle) C/O EL POLLO LOCO HOLDINGS, INC. 3535 HARBOR BOULEVARD, SUITE 100					3. Date of Earliest Transaction (Month/Day/Year) 05/11/2016							below)	ief Developmer		below)	
(Street) COSTA	MESA C.	A	92626 (Zip)	4.	4. If Amendment, Date of Original Filed (Month/Day/Year)					Line	ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned															
Date			. Transaction ate Month/Day/Y	Execution Date,		3. Transaction Disposed Of (D) (Instr. 3, 4) (S) (S) (S) (S) (S) (S) (S) (S) (S) (S			ed (A) or tr. 3, 4 and	Beneficia	s ally ollowing	Form	: Direct Control of the control of t	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
						Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)						
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Ye	Code		5. Numbof Of Derivati Securiti Acquire (A) or Dispose of (D) (II 3, 4 and	ve es d ed nstr.	Expiration Da	5. Date Exercisable and Expiration Date Month/Day/Year)		d Amount ies g Security nd 4)	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ily	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Stock Options (right to buy)	\$11.94	05/11/2016		A		55,909		(1)	05/11/2026	Common Stock	55,909	\$0.00	55,909	9	D	

Explanation of Responses:

1. The Stock Options were granted by a nonqualified stock option agreement under the issuer's 2014 Omnibus Equity Incentive Plan. The Stock Options vest and become exercisable in four equal installments on each of the first four anniversaries of the date of grant.

Remarks:

/s/ Edith R. Austin, as attorneyin-fact

** Signature of Reporting Person Date

05/16/2016

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.