FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

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				or	Section 3	30(h) of the Ir	vestment Company Act of 194	0				-		
1. Name and Address of <u>Munoz Hector</u>	2. Date of Even (Month/Day/Yea 12/01/2018		tement	3. Issuer Name and Ticker or Trading Symbol <u>El Pollo Loco Holdings, Inc.</u> [LOCO]										
) (First) (Middle) EL POLLO LOCO HOLDINGS, INC. 5 HARBOR BLVD., SUITE 100					4. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below)		Issuer	10% Owner Other (specify below) fficer		5. If Amendment, Date of Original Filed (Month/Day/ 6. Individual or Joint/Group Filing (Check Applicable X Form filed by One Reporting Person Form filed by More than One Reporting f		,	
(Street) COSTA MESA CA 92626			-				Chief Marketing Of							erson
(City)	(State)	(Zip)												
				Table I -	Non-D	erivative	Securities Beneficially	Owned						
1. Title of Security (Instr. 4)					2. Amount of Securities Beneficially Owned (Instr. 4)			3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		4. Nature of Indirect Beneficial Ownership (Instr. 5)				
							curities Beneficially O options, convertible s)					
1. Title of Derivative Security (Instr. 4)				2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Der (Instr. 4)		rlying Deriv	ative Security	Exercise P of Derivativ		5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Be Ownership (Instr. 5)	eneficial
				ate Ex xercisable Da	piration te	Title			Amount or Number of Shares	- Security				

Explanation of Responses: Remarks:

No securities are beneficially owned.

<u>/s/ Edith R. Austin, as attorney in fact</u> ** Signature of Reporting Person

12/06/2018 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. * If the form is filed by more than one reporting person, see Instruction 5 (b)(v). ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints each of Edith R. Austin of El Pollo Loco Holdings, Inc. (the "Company"), and Andrea (1) prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the U.S. Securities and Exchange Commission (the "SEC") a For (2) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, director, and/or 10% owner of the Company, Forms 3, 4, and 5 (3) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, c This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file with respect to the undersigned's holdings of and to IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of December 3, 2018.

> /s/ Hector A. Munoz Name: Hector A. Munoz