FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and A Sather Ste | Address of Reported Property Address of Reported Property (Page 2014) | 2. Date of Event Requiring Statement (Month/Day/Year) 07/24/2014 3. Issuer Name and Ticker or Trading Symbol El Pollo Loco Holdings, Inc. [LOCO] | | | | | | | | |
|--|---|---|--|-------------------|---|--|--|--|---|--|
| | (First) LLO LOCO H BOR BLVD., S CA (State) | (Middle) GOLDINGS, INC. SUITE 100 92626 (Zip) | | | | tionship of Reporting Perso all applicable) Director Officer (give title below) President and (| 10% Owner Other (spec below) | r (Mo | nth/Day/Year) dividual or Joint licable Line) Form filed by | te of Original Filed Group Filing (Check y One Reporting Person y More than One erson |
| | | | Table I - No | n-Deriva | tive Se | ecurities Beneficiall | y Owned | | | |
| | | | | | nt of Securities ally Owned (Instr. 4) | | | 4. Nature of Indirect Beneficial Ownership (Instr. 5) | | |
| Common Stock | | | | | | 4,954 | D | | | |
| | | (6 | | | | urities Beneficially (pptions, convertible | |) | | |
| 1. Title of Derivative Security (Instr. 4) | | | 2. Date Exercisable and Expiration Date (Month/Day/Year) | | 3. Title and Amount of Securities Underlying Derivative Security (| | | 4. Conversion or Exercise | 5. Ownership Form: | 6. Nature of Indirect Beneficial Ownership (Instr. 5) |
| | | | Date Exercisable | Expiratio Date | n Title | | Amount or Number of Shares | Price of Derivative Security | Direct (D) or Indirect (I) (Instr. 5) | |
| Stock Options (right to buy) | | (1) | 04/16/202 | 2 | Common Stock | 66,000 | 22.48 | D | | |
| Stock Option | ns (right to buy | v) | (2) | 04/16/2022 | 2 | Common Stock | 132,000 | 50 | D | |

Explanation of Responses:

- 1. The Stock Options were granted under the Corporation's 2012 Stock Option Plan with 49,500 options fully vested and 16,500 options vesting on April 16, 2015.
- 2. The Stock Options were granted under the Corporation's 2012 Stock Option Plan with 99,000 options fully vested and 33,000 options vesting on April 16, 2015.

Remarks:

/s/ Edith R. Austin, as attorney-

07/24/2014

<u>in-fact</u>

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints each of Edith R. Austin of El Pollo Loco Holdings, Inc. (the "Company") and Anthony Boogert, Edward Mahaney-Walter and Kathleen Miller of Skadden, Arps, Slate, Meagher & Flom LLP, or any of them signing singly, and with full power of substitution, the undersigned's true and lawful attorney-in-fact to:

- (1) prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the U.S. Securities and Exchange Commission (the "SEC") a Form ID, including amendments thereto, and any other documents necessary or appropriate to obtain codes and passwords enabling the undersigned to make electronic filings with the SEC of reports required by Section 16(a) of the Securities Exchange Act of 1934 or any rule or regulation of the SEC;
- (2) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company, Forms 3, 4, and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5, complete and execute any amendment or amendments thereto, and timely file such form with the SEC and any stock exchange or similar authority; and
- take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this Power of Attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 22nd day of July, 2014.

/s/ Stephen J. Sather

Stephen J. Sather