FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
L	0.5						

	Check this box if no longer subject to Section 16.
	Form 4 or Form 5 obligations may continue. See
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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Name and Address of Reporting Person* Roth John M.					2. Issuer Name and Ticker or Trading Symbol El Pollo Loco Holdings, Inc. [LOCO]									Relationship of Reporting Person(s) to Issuer (Check all applicable) V Director 10% Owner						
				— I									"	Officer (give t	tle helow	0	Other (s	ecify below)		
(Last)	_ast) (First) (Middle)						Date of Earliest Transaction (Month/Day/Year)								ale Belevi,	,	04101 (0	been's below,		
C/O EL POLLO LOC	HOLDIN	GS. INC.			05/06/2020															
		/																		
3535 HARBOR BLVD., SUITE 100				- H																
(Street)				— 4	4. If Amendment, Date of Original Filed (Month/Day/Year)								- 1	6. Individual or Joint/Group Filing (Check Applicable Line)						
COSTA MESA CA 92626													X	X Form filed by One Reporting Person Form filed by More than One Reporting Person						
	O/1	J2	020											Form filed by	моге тпа	n One R	eporting Pers	on		
(City)	(State)	(Zip	o)																	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
Da				Date			3. Transaction Code (Instr. 8) 4. Securities Acquired (A) or Dispos			isposed Of	5. Amount of Se Beneficially Owr Following Repor	wned Dire		ership Form: (D) or t (I) (Instr. 4)	7. Nature of Indirect Beneficial					
				l`		(Month/	Day/Year)	Code	v	Amount		(A) or (D) Price Transaction(s) (Instr. 3 and 4)					,,,,,	Ownership (Instr. 4)		
Common Stock				05/	/06/2020			A		4,81	8(1)	A	\$0	17,928		D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative	e (Month/Day/Year)		4. Trans Code (In		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisa Expiration Date (Month/Day/Yea		Underlying Derivative Se			8. Price of Derivative Security (Instr. 5)	9. Numb derivati Securiti Benefic Owned	ve ies ially	10. Ownership Form: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
	Security			Code	v	(A)	(D)	Date Exercisa		Expiration Date Title		Amount or Number of Shares		Following Reported Transaction(s) (Instr. 4)		(Instr. 4)				

Explanation of Responses:

1. Consists of restricted shares granted under the 2018 Omnibus Equity Incentive Plan, vesting in three equal installments on each of the first three anniversaries of the date of grant.

Remarks:

Jason Weintraub, as attorney-in-fact

05/06/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints each of Jason Weintraub and Laurance Roberts of El Pollo Loco

(1) prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the U.S. Securities and Exchange Commis

(2) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, director, and/or 10% owner of the Composition do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute

(4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may the undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file with respect to the undersigned IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of the date indicated below.

Date: 5/4/2020 /s/ Name: John M. Roth