FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL OMB Number 3235-0104 Estimated average burden

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940										hours per res	ponse:	0.5
				ent Requiring 'ear)	Statement	3. Issuer Name and Ticker or Trading Symbol <u>El Pollo Loco Holdings, Inc.</u> [LOCO]						
(Last) 3535 HARBOR BL	Last) (First) (Middle) 535 HARBOR BLVD., SUITE 100					4. Relationship of Repo (Check all applicable) Director	rting Person(s) to Issuer	10% Owner		5. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line)		
(Street) COSTA MESA CA 92626						X Officer (give title below) Chief Operating Offi		Other (specify below)		X Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)										
Table I - Non-Derivative Securities Beneficially Owned												
						2. Amount of Securities Beneficially Owned [D or Indirect (I) (Instr. 5)						
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)												
1. Title of Derivative Security (Instr. 4) 2. Date Exercisable and Expiration Date (Month/Day/Year)					ate	(Instr. 4) Exercise P of Derivativ			4. Conversion of Exercise Price of Derivative	r 5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficia Ownership (Instr. 5)	al
				Date Exercisable	Expiration Date	Title		Amount or Number of Shares	Security			

Explanation of Responses: Remarks:

No securities are beneficially owned.

Edith R. Austin, Attorney-in-Fact for Miguel 04/08/2019

Lozano ** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. * If the form is filed by more than one reporting person, see Instruction 5 (b)(v). ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints each of Edith R. Austin of El Pollo Loco Holdings, Inc. (the "Company"), and Andrea (1) prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the U.S. Securities and Exchange Commission (the "SEC") a For (2) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, director, and/or 10% owner of the Company, Forms 3, 4, and 5 (3) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, c This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file with respect to the undersigned's holdings of and tu IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of April 3, 2019.

> /s/ Miguel Lozano Name: Miguel Lozano