FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

A / a a la i a a 4 a a	D C	20540
Vashington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Deborts I aurance						2. Issuer Name and Ticker or Trading Symbol El Pollo Loco Holdings, Inc. [LOCO]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
Roberts Laurance														X Directo	or	10%	Owner	
(Last) (First) (Middle)							3. Date of Earliest Transaction (Month/Day/Year) 06/22/2023								(give title	Other below	(specify	
C/O EL POLLO LOCO HOLDINGS, INC.						00/22/2020								(CEO & PRI	ESIDENT		
3535 HARBOR BLVD, SUITE 100						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)				
(0)							X Form filed by One Reporting Person											
(Street) COSTA MESA CA 92626																than One Re		
(City) (State) (Zip)							Rule 10b5-1(c) Transaction Indication											
			Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.															
		Tab	le I - No	n-Deriv	ative	Se	curit	ies Ac	quired,	Dis	posed c	of, or Be	neficia	lly Owne	d			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				Execution Date,			3. Transaction Code (Instr. 1) 8) 4. Securities Acquired Disposed Of (D) (Instri			Benefic	es F ially (6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership					
							, , , , , , , , , , , , , , , , , , , ,		Code	v	Amount	(A) or (D)	Price	Reporte Transac (Instr. 3	d tion(s)		(Instr. 4)	
Common Stock 06/22					2/2023	2023		M ⁽¹⁾		35,32	329 A \$		4 227	7,076	D			
Common	Stock			06/22	2/2023				M ⁽¹⁾		24,62	1 A	\$4.3	\$4.34 251,697 D				
Common Stock 06/22/2					2/2023	2023			S		59,950 D \$5		\$9.57			D		
		Т	able II -						uired, D , option					/ Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	ned n Date,	4. Transac Code (Ir 8)	tion	on of		6. Date Exercisa Expiration Date (Month/Day/Yea		able and	7. Title an Amount of Securities Underlyin Derivative (Instr. 3 a	d f f s g e Security nd 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownersh Form: Direct (D or Indire (I) (Instr.	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisab		expiration late	Title	Amount or Number of Shares					
Stock Options (right to buy)	\$4.34	06/22/2023			M ⁽¹⁾			35,329	12/28/201	6 0	7/15/2023	Common Stock	35,329	\$0	24,621	D		
Stock Options (right to	\$4.34	06/22/2023			M ⁽¹⁾			24,621	12/28/201	6 0	7/15/2023	Common Stock	24,621	\$0	0	D		

Explanation of Responses:

- 1. The transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person on December 7, 2022.
- 2. Reflects a weighted-average price. These shares were sold in multiple transactions at prices ranging from \$9.40 to \$9.90 per share, inclusive. The Reporting Person undertakes to furnish to the Issuer, any requesting shareholder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, complete information regarding the number of shares sold at each separate price within the range set forth in this footnote.

/s/ Anne E. Jollay

06/26/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.