UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the **Securities Exchange Act of 1934**

Date of report (Date of earliest event reported): August 16, 2023

Commission File Number: 001-36556

El Pollo Loco Holdings, Inc. (Exact name of registrant as specified in its charter.)

Delaware		20-3563182
(State or other jurisdiction of incorporation	or organization)	(IRS Employer Identification No.)
3535 Harbor	Blvd Suite 100, Costa Mesa	a, California 92626
(Ad	ddress of principal executive	e offices)
	714-599-5000 (Registrant's Telephone nur	mber)
(Former Name o	Not Applicable or Former Address, if Chang	ged Since Last Report)
Check the appropriate box below if the Form registrant under any of the following provision		multaneously satisfy the filing obligation of the
\square Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)		
\square Soliciting material pursuant to Rule 14a-12	2 under the Exchange Act (17 CFR 240.14a-12)
\square Pre-commencement communications pursu	uant to Rule 14d-2(b) under	the Exchange Act (17 CFR 240.14d-2(b))
☐ Pre-commencement communications pursu	uant to Rule 13e-4(c) under	the Exchange Act (17 CFR 240.13e-4(c))
Securities registered pursuant to Section 12(b	o) of the Act:	
Title of each class	Trading Symbol(s)	Name of exchange on which registered
Common Stock, par value \$0.01 per share	LOCO	The Nasdaq Stock Market LLC
of 1933 (17 CFR 230.405) or Rule 12b-2 of t If an emerging growth company, indicate by	he Securities Exchange Act	npany as defined in Rule 405 of the Securities Act of 1934 (17 CFR 240.12b-2) Emerging growth company has elected not to use the extended transition lards provided pursuant to Section 13(a) of the
Exchange Act. □	2 manetar accounting stand	and provided pursuant to occurr 19(d) of the
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Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On August 16, 2023, John M. Roth, a member of the board of directors (the "Board") of El Pollo Loco Holdings, Inc., a Delaware corporation (the "Company"), resigned as a director of the Board, effective immediately. Mr. Roth was a member of the Board since 2007 and his resignation was in connection with the Company's previously-announced repurchase of shares of the Company's common stock from certain affiliates of Freeman Spogli & Co. ("Freeman Spogli"). Mr. Roth is a general partner and the chief executive officer of Freeman Spogli. Mr. Roth's resignation was not the result of any dispute or disagreement with the Company or the Board on any matter relating to the Company's operations, policies or practices.

Mr. Roth was a member of the Nominating and Corporate Governance Committee of the Board. Douglas J. Babb, a current member of the Board has been elected to fill the vacancy on the Nominating and Corporate Governance Committee left by Mr. Roth's resignation. In connection with Mr. Roth's resignation the Board reduced the size of the Board to nine directors.

Item 9.01 Financial Statements and Exhibits.

Date: August 21, 2023

Exhibit No.	Description
104	Cover Page Interactive Data File (embedded within the Inline XBRL document)

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

El Pollo Loco Holdings, Inc.

By: /s/ Anne Jollay

Name: Anne Jollay

Title: Corporate Secretary