FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

				2 100	2. Issuer Name and Ticker or Trading Symbol								5.0	5 Relationship of Reporting Person(s) to Issuer					
Name and Address of Reporting Person*						El Pollo Loco Holdings, Inc. [LOCO]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
<u>Hollandsworth Maria</u>					1								- 1	Directo	or		10% O	vner	
					2 0	ato o	f Earlinet	Trans	caction (Mc	nth/[Jay/Voor)			٠,		(give title		Other (s	specify
(Last) (First) (Middle)						3. Date of Earliest Transaction (Month/Day/Year) 05/09/2023								below)			below)		
C/O EL POLLO LOCO HOLDINGS, INC.						03/03/2023								CHIE	CHIEF OPERATING OFFIC			ER	
3535 HARBOR BLVD., SUITE 100					4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)						
															X Form f	iled by One	Repo	orting Perso	n
(Street)	MESA C	A	92626												Form f Persor		e thar	n One Repo	rting
(City) (State) (Zip)					Ru	Rule 10b5-1(c) Transaction Indication													
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Tab	le I - No	n-Deriv	ative	Sec	curities	s Ac	quired, I	Disp	osed c	of, or B	ene	ficial	y Owne	t			
1. Title of	Security (Ins	str. 3)		2. Transa	ection							rities Acquired (A) o			5. Amount of				7. Nature
Date (Month/Day					ay/Year	execution Date, if any (Month/Day/Year)			Code (Instr. 5)		ed Of (D) (Instr. 3, 4			Benefici Owned	ially (D) Following (I)		or Indirect (Instr. 4)	of Indirect Beneficial Ownership	
										v	Amount	(A) (D)		Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)
Common Stock 05/09/2					/2023				A	A 13,797 ⁽¹⁾ A \$0 18,293		,293		D					
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
				(e.g., p	uts, c	alis	s, warra	ants	, option	s, c	onverti	bie sec	uri	ties)					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date,	4. Transacti Code (Ins 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		1)	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Owner Form Direct or Ind (I) (In	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisabl		xpiration ate	Title	or Nu of	umber					
Non- Qualified Stock	\$9.06	05/09/2023			A		28,802		(2)	0!	5/09/2033	Commor Stock	28	3,802	\$0	28,802	2	D	

Explanation of Responses:

- 1. Consists of restricted shares granted under the Equity Incentive Plan, vesting in four equal installments on each of the first four anniversaries of the date of grant.
- 2. Granted by a nonqualified stock option agreement under the Equity Incentive Plan, vesting and becoming exercisable in four equal installments on each of the four anniversaries of the date of grant.

/s/ Anne E. Jollay, Attorney-in-Fact 05/11/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.