FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(b) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* ROTH JOHN M (Last) (First) (Middle) C/O EL POLLO LOCO HOLDINGS, INC. 3535 HARBOR BLVD, SUITE 100 (Street) COSTA MESA CA 92626					2. Issuer Name and Ticker or Trading Symbol El Pollo Loco Holdings, Inc. [LOCO] 3. Date of Earliest Transaction (Month/Day/Year) 08/07/2023 4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Inc	S. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title below) 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(S	(State) (Zip)				Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Table	I - No	n-Deriva	tive S	ecur	rities	Acc		Dis	posed of	, or	Ben	eficial	ly Owr	ned			
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day)				Execution [Code (Ins		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)				Secur Benef Owner Follow	cially I ving	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amount	(A (D) or	Price	Transa	Reported Transaction(s) (Instr. 3 and 4)				
Common Stock 08/07					023				S		2,467,000	7,000 I		\$10.63	2,994,251		I		See Notes ⁽¹⁾
Common Stock 08/07/2					023				S		33,000		D	\$10.63	40,052		I		See Notes ⁽²⁾
Common Stock														36,974 ⁽⁴⁾			D		
		Tak	ole II	Derivativ (e.g., pu							osed of, convertib				Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Exec if any	eemed ution Date, r th/Day/Year)	4. Transa Code (8)		5. Numl of Deriv Secu Acqu (A) of Dispo of (D) (Instr and 5	rative rities ired r osed)	6. Date Expirat (Month)	ion Da /Day/\		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and or Numb of Title Share		Do Se (III	Price of erivative ecurity estr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	y [1]	10. Ownership Form: Direct (D) Or Indirect I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:

- 1. Held directly by FS Equity Partners V, L.P. ("Equity Partners V"). The general partner of Equity Partners V is FS Capital Partners V, L.LC (the "General Partner").
- 2. Held directly by FS Affiliates V, L.P. ("Affiliates V"). The general partner of Affiliates V is the General Partner.
- 3. Mr. Roth is a director of the Issuer, a managing member of the General Partner and chief executive officer of certain entities affiliated with Equity Partners V, Affiliates V and the General Partner. Mr. Roth disclaims beneficial ownership of the securities held by Equity Partners V and Affiliates V, except to the extent of his pecuniary interest therein.
- 4. Amount includes 9,934 restricted shares granted under the Issuer's Equity Incentive Plan on May 9, 2023, vesting in full on the first anniversary of the date of grant.

/s/ John M. Roth

08/08/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.