SEC	Form	4
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Feison			2. Issuer Name and Ticker or Trading Symbol El Pollo Loco Holdings, Inc. [LOCO]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
<u>Ammerman Douglas K.</u>			<u></u>	X	Director	10% Owner			
(Last) (First) (Middle) C/O EL POLLO LOCO HOLDINGS, INC. 3535 HARBOR BLVD., SUITE 100		GS, INC.	3. Date of Earliest Transaction (Month/Day/Year) 07/30/2014		Officer (give title below)	Other (specify below)			
			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) COSTA MESA	СА	92626		X	Form filed by One Repo Form filed by More than Person	0			
(City)	(State)	(Zip)							

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)			4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(mour 4)
Common Stock								31,849	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of		6. Date Exerc Expiration Da (Month/Day/Y	ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Share Grant	\$15	07/30/2014		Α		3,333		(1)	(1)	Common Stock	3,333	\$15	3,333	D	
Stock Options (right to buy)	\$108.92							(2)	09/28/2016	Common Stock	1,027		1,027	D	
Stock Options (right to buy)	\$22.48							(3)	04/18/2022	Common Stock	2,500		2,500	D	
Stock Options (right to buy)	\$50							(4)	04/18/2022	Common Stock	5,000		5,000	D	

Explanation of Responses:

1. The Restricted Shares were granted under the 2014 Omnibus Equity Incentive Plan with 1,111 shares vesting on July 30, 2015, 1,111 shares vesting on July 30, 2016 and 1,111 shares vesting on July 30, 2017.

2. The Stock Options were granted under the Corporation's 2005 Stock Option Plan and are fully vested.

3. The Stock Options were granted under the Corporation's 2012 Stock Option Plan with 1,875 options fully vested and 625 options vesting on April 18, 2015.

4. The Stock Options were granted under the Corporation's 2012 Stock Option Plan with 3,750 options fully vested and 1,250 options vesting on April 18, 2015.

Remarks:

/s/ Edith R. Austin, as attorney-07/30/2014

in-fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.