FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPRO	JVAL				
OMB Number:	3235-0287				
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hours per response:	0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Roth John M. (Last) (First) (Middle)					2. Issuer Name and Ticker or Trading Symbol El Pollo Loco Holdings, Inc. [LOCO] 3. Date of Earliest Transaction (Month/Day/Year) 08/31/2022									ck all app Direc	licable) tor er (give title	<u>></u>	_		
C/O EL POLLO LOCO HOLDINGS, INC. 3535 HARBOR BLVD, SUITE 100				4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line)										applicable					
(Street)	MESA (CA S	02626											X	Form filed by One Reporting Perso Form filed by More than One Repo Person				
(City)	(State) (Zip)																
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day)			Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Disposed Of 5)		s Acqui f (D) (In	red (A) str. 3,	or 4 and	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)					
									Code	v	Amount	(A) (D)	or P	rice	Transac	action(s) . 3 and 4)			(IIISU. 4)
Common Stock 08/31/20				.022	22		J ⁽¹⁾		5,461,251	l A		(1)	5,461,251				See Notes ⁽²⁾⁽⁴⁾		
Common Stock 08/31/2			022		J ⁽¹⁾		73,052	A		(1)	73	,052			See Notes ⁽³⁾⁽⁴⁾				
Common Stock											27,040		D						
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Instr. 3) 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year)				saction of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		vative rities rired r osed)	6. Date Exercisal Expiration Date (Month/Day/Year		ate	7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		tr.	Price of erivative ecurity estr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code		v	V (A) (D)		Date Exercisable		Expiration Date	Title	of Share						

Explanation of Responses:

- 1. Received in a pro rata distribution-in-kind from Trimaran Pollo Partners, L.L.C.
- 2. Held directly by FS Equity Partners V, L.P. ("Equity Partners V"). The general partner of Equity Partners V is FS Capital Partners V, LLC (the "General Partner").
- $3. \ Held \ directly \ by \ FS \ Affiliates \ V, L.P. \ ("Affiliates \ V"). \ The \ general \ partner \ of \ Affiliates \ V \ is \ the \ General \ Partner.$
- 4. Mr. Roth is a director of the Issuer, a managing member of the General Partner and chief executive officer of certain entities affiliated with Equity Partners V, Affiliates V and the General Partner. Mr. Roth disclaims beneficial ownership of the securities held by Equity Partners V and Affiliates V, except to the extent of his pecuniary interest therein.

Remarks:

/s/ John M. Roth

09/02/2022

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.